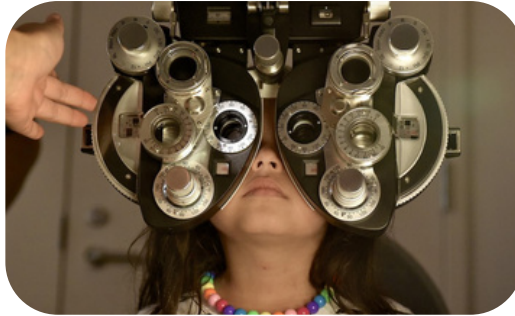


EJJELOK WŌNĀĀN Kōmman Ņi, Etale Māj & Kakōlkōl Ājmour



EPRŌL 23 – 26. 2026 ilo Seattle Center



KAKE JIKIN TAKTŌ

- Ewōr jejjō wōt oran tikōt in deloñ ko repellok ñan kajojo raan ko, ajej ilo 5:30 JIBBOÑ ilo Fisher Pavilion ilo Seattle Center (200 Thomas St)
- Kwōj jab maroñ bōk jimor jibañ ilo kōmman ñi im etale māj ilo juon wōt raan
- Ejjelok iien kanne ko maanlok - **EO EJADE TOK MOKTA, ENAAJ BŌK JIBAÑ MAANTATA**
- **JAB** itok ñe kwōj eñjake an wōr am nañinmej.
- Rikok ro renaaj pād in jibañ
- EJJELOK WŌNĀĀN ilo Jikin Paak en ilo Mercer St. (650 3rd Ave N)
- **Itok ilo am pojak ñan juon raan eo aitok ippān mōñā, nuknuk ko reboolol im wūno ko kwōj bōki aolep raan**

AOLEP REJ RUAINENE!

- Ñan jabdewōt eo ej aiku j mwe ej pen aer bōk im/ak kollā jerbalin ājmour
- Rinañinmej ro rejjab aiku ID ak jabdewōt peba in kwalok kajjier
- Rinañinmej ro rejeb aiku j in jokwe ilo Seattle ak Bukwōn eo an King

AOLEP JERBALIN JIBAÑ KO EJJELOK WŌNĀIER

KŌMMAN ŅI: Jербalin ājmour ko ñan jibañ metak ak abnōnō, jelā itok jen kōkōljake mak ko, bōbōj ñad, im rup ñi.

ETALE LOKLOKJEN: Kakōlkōl lolokjen, dedelok etale aolepen māj, mājēn pilo ko jen taktō. Bōktok lukkun peba eo jen taktō (jab to jen ruo iiō) ñan am jab bōk jerbalin kakōlkōl lolokjen eo im bōk juon mājan pilo kāl.

KAKŌLKŌL: Taktōin kakōlkōl, kālōt teej in etale ko, kakōlkōl ittūt, pija ko rej kōjērbal ainikien ko im makūt kūt, pija rej kōjērbal jarom ñan lale lowa, wā ko, taktōin kil, jerbalin ājmour ikkijjien ne, jerbalin kōkajoor ānbwin, door nitōl ko ilo kil bwe en jibañ ikkijjien metak im molok, im bar ko jet.

MENIN JERAMMON KO: Jojel Wook, jibañ ikkijjien injuran, im laplok.

Wepjait:
seattlecenter.org/patients

Email:
SKCClinic@seattlecenter.org

Talpoon:
206.684.7200



MELELE KO
RELAPLOK

(TULIK)



Ewi Wāween Aō Deloñe Jikin Takō En?

- Bōk juon tikōt ilo Fisher Pavilion ilo Seattle Center. Fisher Pavilion ej pellok aolep raan ilo 12:30 JIBBOÑ ñan rinañinmej ro rej jibboñe aer jade tok (lale seattlecenter.org/patients ñan mab im melele ko).
- Mokta jen deloñ, rinañinmej eo im rilotok ro aer rej aikuj kajitikinier ikkijjien ājmour. Ro ewōr aer mej in ak kakōlkōlin-COVID renaaj jab maroñ deloñ.
- Ewōrwōt oran tikōt renaaj lewaj ilowaan juon raan jinoe jen 5:30 JIBBOÑ Tikōt in ej emman wōt ilowaan juon raan. Juon tikōt ñan juon armej.
- Rinañinmej ro renaak deloñe Jikin Taktō eo ilo jejjetin tikōt nōmba ko aer.

Ewi Wāween Aō Kapopo ñan Jikin Taktō eo?

- **Enaaj maroñ juon raan eo eaitok. Itok ilo pojak ñan am kōjparok eok make.**
- **JAB** itok ñe kwōj eñjake an wōr am nañinmej.
- Bōktok mōñā, dān, im jabdewōt wūno kwōj maroñ aikuji ilo raan eo.
- **JAB** jitlok ñan jikin kōmmani teej ko
- Bwe kwōn maroñ bōk jerbalin kōmman ñi, ej aikuj pād aer in bōtōktōk im tōñal eo am ilo nōmba ko remman bwe jen pād ilo kōjparok.
- Kōkōnak nuknuk ko rebooolol.
- Menin mour ko rejjab aikuj pād ejjelokin menin mour ko ewōr aer mālim itok jen aer jerbalin jibañ armej.
- Juon pārōn ak ribōk eddo eo rej aikuj itok ippān rinañinmej ro rediklok jen 18 aer iiō. Mālim ko rej maroñ lelok ñan jodikdik ro rej 13 aer iiō im rūttolok mwe rejjab maroñ tōpar pārōn ro ak ribōk eddo ro aer. Taktō in ajri ro rejjab maroñ pād ñan aer lelok jerbalin ājmour ñan ajri ro.



Ewōr Ke Juon Eo Ej Kōnono Kajin Eo Aō?

- Ukok emaroñ in bellok ilo Clinic eo.



Da Eo Enaaj Walok Ilo lien Eo Ej Deloñe Jikin Taktō Eo?

- Enaaj wōr bwijin rinañinmej ro. **Kwōj jab maroñ bōk aolep jerbalin jibañ ko kwōj kōnaan ak mwe rej lewaj ilo raan eo wōt.** Kwōj jab maroñ bōk jimor jibañ ilo kōmman ñi im etale māj ilo juon wōt raan
- Rinañinmej ro rej maroñ lain in kōttar ñan bōk tikōt in deloñ ilo bar raan ko jet ñan jerbalin jibañ ko relaplok.
- Enaaj wōr juon am paaj renaaj lewaj ñan Jikin Taktō en. Paaj in enaaj lewaj am mālim in diwōj im bar-deloñ Mōn Jikin Taktō en ilo raan en wōt.
- Kōm naaj ae melele ko ikkijjiem mwe rejjab elap ekoba etam,iiō, im atōrej eo mail ko am rej etal ñane ijo jen jilkinwaj walokin teej in kakōlkōl ko am/ak māj in pilo ko emōj aer dedelok.
- Ilo kajojo ikin jerbalin jibañ ko (kōmman ñi, etale lolokjen, im kakōlkōl) kwōnaaj kōttar iien eo am ioon lain im eo ej jade mokta, enaaj bōk jibañ maantata (ejjab itok jen lukkunin tikōt nōmba eo am).
- Ñe kwōj pād ioon lain ñan bōk jerbalin jibañ im kwōj etal jen jikin eo jikim ilo eto iien enaaj jako jikim ilo lain eo im kwōnaaj aikuj bar etal ñan likin lain eo ñe kobar rool tok.



Photos © Auston James

Da Jerbalin Jibañ Ko Renaaj Litok?

KŌMMAN ÑI: Būrij ko, kōteep ko reppen ekoba ñileb, ñiñat, riabin ñi rej kōlakki ilo ñad, taktōin kajimwe ñi, jolok inpekjen ko ilowaan ñileb, wūno in jolok metak, kōmouj ñi

KAKŌLKŌL: Bōk jidik ñan etale, kōrak, pija lowaan ānbwin, kiji/keke, wā ko an ajri reddiklok jen 18 aer iiō, pija ko ikkijjien MRI, wūno kāāl ñan ro ewōr aer nañinmejin kōmālji.

ETALE LOKLOKJEN Cantak ko, māj in det ko

Wūnoin metak ko rekajoor rej jab maroñ kōjerbali ak liwōji.

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