

# FREQUENTLY ASKED QUESTIONS: VISION CLINIC

---

## **What can I expect during today's visit?**

There are four parts to the vision exam separated into nine different stations. Depending on your needs you may not visit all stations.

1. Pretesting (Stations 1 – 4): Understanding your current needs, measuring your current visual ability, measuring your current prescription in eyewear (if applicable).
2. Examination (Stations 5 - 7): Measuring your eye pressure, measuring for your new eyeglasses prescription (if necessary), and examining the innermost part of the eye.
3. Optical (Station 8): Picking out and being measured for new eyeglasses (if necessary).
4. Vision Frame Check Out (Station 9): Turning in your frames to be sent out for production.
5. Vision Exit (Station 10): Turning in your records, being given a copy of your prescription, instructions of when and how you'll get your eyeglasses, and any aftercare instructions you may need.

## **Why do you test eye pressure?**

One of the simplest ways to screen for glaucoma is to measure the eye pressure. Elevated pressure could be a sign of glaucoma, or hypertension.

## **Will you be using the "puff machine" for eye pressure?**

No. We will be using a small, hand-held machine that uses a sterilized probe to gently touch the cornea. No puffs of air.

## **What does it mean when someone asks me if it is okay to dilate my eyes?**

Dilating the eyes is a process that uses special drops to relax the tissues in the eye that cause the pupils to widen or constrict, letting more light into the back of the eye so that we can make sure all of the structures and tissues are healthy. It is your right to decline this service if you wish, however a dilated comprehensive eye exam is recommended every year to maintain good vision and eye health.

## **What are the effects of my eyes being dilated? Will it hurt?**

The drops used to dilate the eyes may sting slightly, but nothing more than getting water in your eye from the shower or a swimming pool. The sensation only lasts a few seconds.

## **How long will the dilation last? Will I be able to drive afterward?**

The effects of the dilation will last anywhere from 3-6 hours, depending on the patient. You will still be able to drive, but up-close reading such as books, computers, and even cell phones may be affected for that time frame. You will be sensitive to light during this time, so it is advised to wear sunglasses if you have them. If you do not have them, we will provide you with sun protection.

## **Will I receive my new eyeglasses today?**

If you are prescribed reading glasses, then yes. If you need a more advanced prescription then the order must be processed at an off-site location and won't be available until early November. At Vision Exit you will receive instructions about when and how you'll get your eyeglasses.